

Get Back Ups

Choreographer Kim Ray – November 2019

MUSIC

Win Life by Luke Bryan / 91 bpm / 3:13



VineRight.com

COUNT 32

WALL 4

LEVEL Improver

INTRO: 16 COUNTS

S1: STEP SIDE, TOGETHER, CHASSE RIGHT, CROSS ROCK/RECOVER, CHASSE ¼ TURN LEFT

- 1-2** Step right to right side, step left together
3&4 Step right to right side, step left next to right, step right to right side
5-6 Cross rock left over right, recover back on right
7&8 Step left to left side, step right next to right, ¼ turn left stepping forward on left (9:00)

S2: ½ PIVOT TURN LEFT, ¼ PIVOT TURN LEFT, CROSS, BACK & CROSS SHUFFLE

- 1-2** Large step forward on right, ½ pivot turn left (3:00)
3-4 Large forward on right, ¼ pivot turn left ((12:00)
5-6 Cross right over left, step back on left
&7&8 Step right slightly back, cross left over right, step right to right side, cross left over right

(RESTART HERE ON WALL 3)

S3: SIDE ROCK RIGHT/RECOVER, WEAVE, SIDE ROCK LEFT/RECOVER, BEHIND, SIDE, FORWARD

- 1&2** Step right to right side, touch left next to right, step left to left side
3&4 Cross right behind left, step left to left side, cross right over left
5&6 Step left to left side, touch right next to left, step right to right side
7&8 Cross left behind right, step right to right side, step forward on left (12:00)

S4: ½ PIVOT TURN LEFT, SHUFFLE ½ TURN LEFT, ¼ TURN LEFT, TOUCH RIGHT, BALL BEHIND, BALL CROSS

- 1-2** Step forward on right, pivot ½ turn left (6:00)
3&4 Shuffle ½ turn left stepping right, left, right (12:00)
5-6 ¼ turn left stepping left to left side, touch right next to left (9:00)
&7 Step right to right side, cross left behind right
8& Step right to right side, cross left over right

DANCES FINISHES ON COUNT 8 OF S3 - ¼TURN LEFT STEPPING RIGHT TO RIGHT SIDE (12:00)

E-MAIL: (KIM.RAY1956@ICLOUD.COM)